

Artist's Logbook



Artist Name: Julia O'Keeffe, Alhambra Theatre.

Art-form: Drama/Theatre

Activity Name: Be an Actor

Instructions

You will need:

Yourself, your voice and a bit of space.

Pens to write about how it feels to work like an actor or draw a picture.

Phone to take photos of your gestures from the text.

How to:

1. Claim your space: find somewhere you have room to swing your arms and use your voice.
2. Follow the inter active film to prepare and warm up like an actor does in the rehearsal room.
3. Use this piece of text for voice work:

"To fly, to swim, to dive into the fire.

Sometimes I'd divide and burn in many places.

On the topmast, yard and bowsprit would I

Flame distictly. Then meet and join."



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Below is a picture of the Alhambra Theatre



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