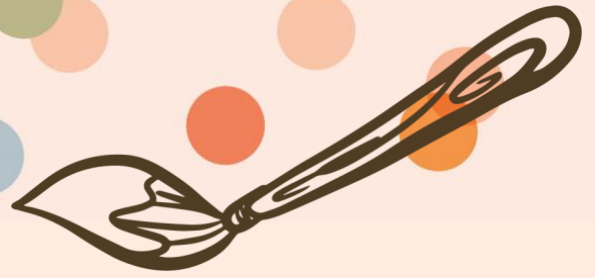


Artist's Logbook



Artist Name: Mandy Keating

Art-form: Visual Art/Craft

Activity Name: Recycled Journal

Instructions

You will need:

A4 scrap paper
A4 cover sheet
Scrap card
Hole punch
Rubber band

Old pencil
Scissors OR
Craft knife & cutting mat
Bone folder/table knife/store card
Wooden skewer/thick needle





How to:

1. Fold approximately 18-20 A4 sheets in half to A5 size, using a bone folder/flat edge of a table knife/store card
2. Cut card to A5 size by drawing round folded A5 sheet
3. Hole punch the long open edge of each folded sheet, so folded edge is to the right
4. Hole punch card back too
5. Tap all sheets and back together until the punched holes line up and you can see through them
6. Push a rubber band through one of the punched holes from to back, using a wooden skewer, needle or similar, leaving a loop at the front
7. Push a pencil through the loop
8. Pull the rubber band across to the next punched hole at the back and poke through to the front, using a skewer or needle again
9. Push the other end of the pencil through the second loop. Adjust until you are happy with the position of the pencil
10. The book is finished!
11. **This activity is suitable for ages 8 upwards and children can work independently, although some adult support may be needed.**



ARTS AWARD
DISCOVER AT HOME



Please place pictures of your activity and outcome below:

