

Artist's Logbook



Artist Name: Sarah Atter

Art-form: Music

Activity Name: Body Percussion

## Instructions

### You will need:

Just yourself!

Extension activities:

Junk and clean recycled materials

Things from around the house

Objects from nature

Pen and Paper

### How to:

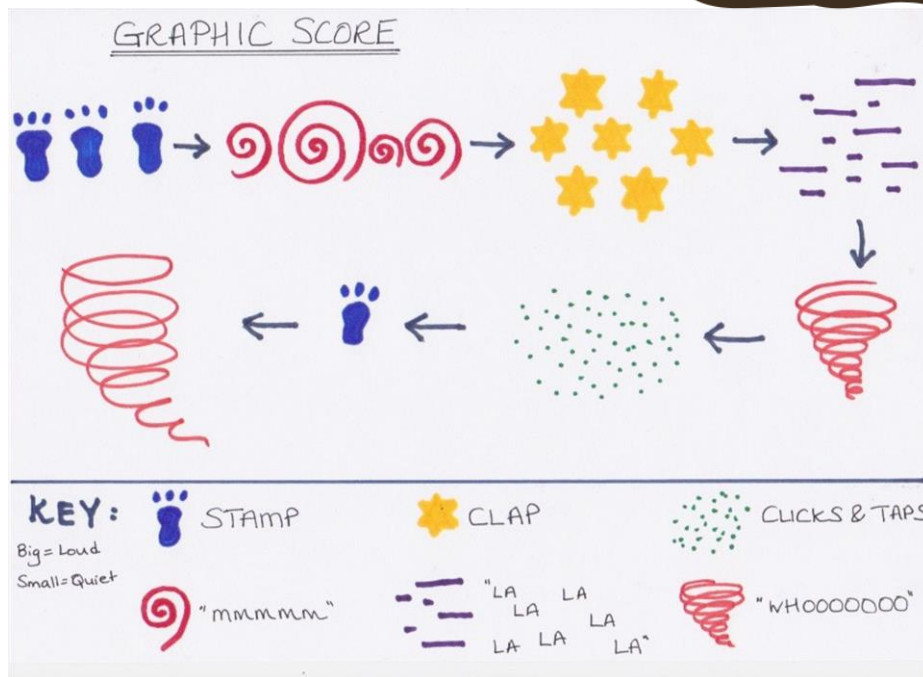
1. Find as many different ways to use your body and voice to make interesting sounds. You could clap, tap, stamp, click, hum, whistle...the possibilities are endless!
2. Decide on some of your favourites
3. Make up a pattern from the sounds you make which you can repeat again and again
4. Perform it!





Once you have created your piece, why not notate – or draw it out – on a piece of paper. This is called a graphic score. Then other people can have a go at ‘playing’ your new piece of music!

Here is an example below.



### Extension activities

- Instead of using sounds from your body, why not try;
  1. Sounds from around the house – pots and pans, tubs, brushes – anything you can find! Please ask permission from an adult first.
  2. Make your own instruments from recycled materials such as clean and empty bottles, yoghurt pots, cardboard boxes. You could make drums, shakers and so much more! Here are 52 examples! <https://feltmagnet.com/crafts/Music-Instruments-for-Kids-to-Make>
  3. Make instruments from things you can find outside – twigs, pinecones, leaves, stones. Get really creative with your ideas!
- Why not record your piece of music and share it with friends and family? Get adult permission first before you do this!

