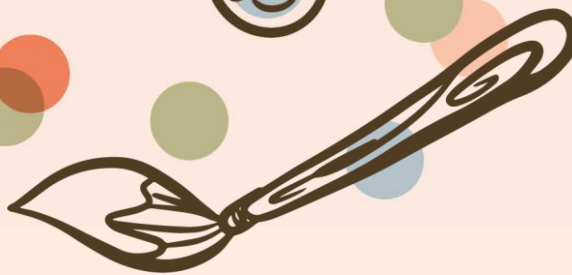


## Artist's Logbook



Artist Name or Organisation: Satnam Galsian

Art-form: Indian singing

Activity Name: Learning to sing Sargam (the Indian music scale)

## Instructions

### You will need:

Yourself and your singing voice

If you have a keyboard or piano (or an app on a phone) you can use it to play the notes from C to C. THIS IS NOT ESSENTIAL.

### How to:

We are going to learn the names of the notes of the Indian music scale. In Indian music we learn through listening. Say the names of the notes along with the video.

Ascending (going up): Sa Re Ga Ma Pa Dha Ni Sa

Descending (coming down): Sa Ni Dha Pa Ma Ga Re Sa

Now that you know the sargam you can make some note patterns of your own,

eg; each note twice; SaSa, ReRe, GaGa.....or each note three times; SaSaSa, ReReRe, GaGaGa etc or SaReGa, ReGaMa, GaMaPa etc or SaReSa, ReGaRe, GaMaGa etc. Once you've made a pattern sing it going upwards and coming back down.



ARTS AWARD  
DISCOVER AT HOME



Please place pictures of your activity and outcome below:

