

Artist's Logbook



Artist Name: Sheena Hussain

Art-form: Poetry

Activity Name: Write Your Own Freedom Day Poem

Instructions

Please include a list of equipment and supplies needed to complete your activity with a written step-by-step guide.

You will need:

1. A4 plain sheet or lined paper whichever you prefer x 2
2. Your favourite pen (I love gel pens).
3. A drinking glass (to draw 4 perfect round circles).

How to:

1. At the top of the paper write the question: What Does Freedom Day Look Like?
2. Take a few moments and let your imagination run wild (feel free to close your eyes). Think of all the things you missed during lockdown. As the final restrictions were removed on, 19th July 2020, freedom day came, what does freedom day look like for you?
3. Now take the drinking glass and use the top to draw 4 neat circles.
4. Circle 1, place all the colours you can think of inside the circle.
5. Circle 2, place all the names of animals you can think of inside the circle.





How to (continued...):

6. Circle 3, place all the emotions you can think of inside the circle.
7. Circle 4, place all the different types of food you can think of inside the circle.
8. Let's start building our poem on a new piece of paper. Take the question at Point 1, and always have it in your mind or feel free to write it out again.
9. Now take a colour from circle one. E.g. red. Think of something that you missed that is red, e.g. "I can't wait to drink red berry squash with my friends".
10. Now take an emotion from circle 3, e.g. happy. Think of something that makes you happy, e.g. "It makes me happy that I can go wherever I want".
11. Keep going and use as many words from the circles as you like.

