

Body Percussion

Body percussion is a great way of exploring sounds and making rhythms without using an instrument!

R = stamp right foot

L = stamp left foot

K = tap knees

H = tap hips

S = tap shoulders

C = clap hands

F = click fingers

Can you create your own action to add to the list?

Try this routine, repeating several times: **K K H H S S C F**

Try creating your own routines with eight beats/actions

Try this routine to “Shotgun” by George Ezra. Each routine should be repeated all the way through each section. Use the other side of the card to help!

VERSE

R R L L K K K K

CHORUS

R L K K H S C F

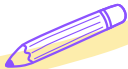
Alternative routine:

H H R L S C F F



These eight-beat routines work with lots of songs so why not try them with your favourite song?

WHOLE CLASS ADAPTATIONS



1 This is a fairly self-explanatory exercise and, in many ways, quite straight-forward. However, it allows pupils the freedom to explore their own ways of making sounds, to create their own routines and patterns, and to explore their own favourite songs.

2 It also encourages whole class music creation and is perfect if Music teaching is not a specialism.

LINKS TO WIDER CURRICULUM

a Once a rhythm is established and pupils are confident with incorporating different types of body percussion, it's an easy leap to add in important things to learn/remember on the beats.

b These could include:

i Mathematical sums

ii Classification of creatures (fish, birds, amphibians, etc)

iii Things that famous people did

iv Parts of the body